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Research Interests

Experimental Psychopathology

Development and Optimisation of Psychological Interventions

Placebo and Nocebo Effects

Psychosomatics and Behavioural Medicine

Tobias Kube

Professor of Clinical Psychology and Experimental Psychopathology

I am a clinical psychologist and psychological psychotherapist. I am interested in how people construe and sustain their subjective view of themselves and the world and how this relates to mental health problems.

Education

Lincensed Psychotherapist (CBT)

Institute for Psychotherapy Training Marburg

October 2015

September 2020

PhD (Dr. rer. nat.) in Psychology

Philipps-University of Marburg

October 2015

February 2018

Supervisor: Prof. Dr. Winfried Rief

Grade: summa cum laude

Diploma in Psychology

Philipps-University of Marburg

October 2010

May 2015

Academic Positions

Professor (Full, W3) for Clinical Psychology and Experimental Psychopathology

Goethe-University of Frankfurt

April 2025

Head of the Emmy Noether Group for "Experimental Research on Depression"

RPTU University of Kaiserslautern-Landau, Landau

May 2024

Interim Professor for Clinical Psychology and Psychotherapy

Georg-August-University of Göttingen

October 2023

September 2024

Postdoctoral Researcher and Lecturer

RPTU University of Kaiserslautern-Landau (formerly: University of Koblenz-Landau), Landau

April 2018

September 2023

Postdoctoral Researcher

Harvard Medical School, Boston, MA, USA

January 2019

June 2019

Research Fellow

Philipps-University of Marburg, Marburg

August 2017

April 2018

Coordinator of DFG Research Group "Placebo and Nocebo Effects"

PhD Candidate (Scholarship)

October 2015

Philipps-University of Marburg, Marburg

July 2017

● Clinical Positions

Head of the Psychotherapeutic Outpatient Clinic of the Goethe-University of Frankfurt

April 2025

Frankfurt

Head of the Psychological Psychotherapy Training Programme at the Goethe-University of Frankfurt

April 2025

Frankfurt

Head of the Research and Treatment Center for Depression, Psychotherapeutic Outpatient Clinic of the University of Kaiserslautern-Landau

August 2024

March 2025

Landau

Psychotherapist at several inpatient and outpatient clinics

October 2015

July 2024

● Third-Party Funding

Emmy Noether Group (DFG)

2024

Landau

2030

Project: "Biased belief updating in depression – bridging experimental work and clinical translational science", funding for the first funding period: 627.589 EUR (plus promised funding for the second funding period: 642.841 EUR (sum: 1.270.430 EUR plus 22% Overhead = ca. 1.550.000 EUR)

Initiation of an International Collaboration (DFG)

September 2023

Cambridge, MA, USA

Funding: 6.470 EUR, Collaboration with Prof. Tali Sharot at the Massachusetts Institute of Technology (MIT)

Project Based Funding (DFG)

January 2021

Landau und Marburg

December 2024

Project „On the correction of negative expectations in people with depressive symptoms – A series of experimental investigations“; bi-centric project of

Tobias Kube (lead PI) and Winfried Rief (co-PI); funding: 407.910 EUR; funding for Tobias Kube: 238.582 EUR

Postdoc Scholarship of the German Academic Exchange Service (DAAD)

January 2019
June 2019

Boston, MA, USA

Research visit at the Harvard Medical School (funding: 21.730 EUR)

● **Selected Distinctions and Awards**

Charlotte- and Karl-Bühler Award of the German Psychological Society 2024

Early Career Award of the Association for Cognitive Bias Modification 2024

5x Open Science Award „Gold“ (highest category) 2020
2024

University of Koblenz-Landau / RPTU

4x Teaching Award of the Department of Psychology 2020
2023

University of Kaiserslautern-Landau

Teaching Award of the Student Representatives for Excellent Digital Teaching 2021

University of Kaiserslautern-Landau

Dissertation Award of the Philipps-University of Marburg 2019

● **International Research Experience**

Harvard Medical School

January 2019
June 2019

Boston, USA

6-months post-doctoral research visit at Harvard Medical School to broadening my expertise in placebo effects and psychological mechanisms of somatic symptoms disorder (supervisors: Prof. Dr. Ted Kaptchuk, Prof. Dr. Arthur Barsky)

Massachusetts Institute of Technology

September 2023

Cambridge, USA

2-week lab visit at the Affective Brain Lab, headed by Prof. Tali Sharot, at the Massachusetts Institute of Technology (MIT) to connecting my research

on information processing in depression with her research on information seeking